

Light Up the Room

Spring is in the Air



A Recital for Light Up the Room Foundation

On May 2nd a recital will be held at Stuart Country Day School in Princeton, NJ to benefit the Light Up the Room Foundation and the Susan G. Komen Foundation. The vocalist is close friend Sarah Caswell who has a special mission and relationship with the causes.

Sarah has been a "sister" to our family since the day she was born. The "kid" next door is a cherished friend and has matured into a beautiful young woman. We have so many fond memories of Sarah in our life.

Now, a senior at Stuart Country Day School in Princeton, NJ; Sarah is going to hold a recital to honor three women who helped shape who she is today- her mother (Fran Caswell), a dear friend in Vikki McCarthy and Karen. Sarah's mother and Vikki have both fought breast cancer; unfortunately, Vikki lost her battle to the disease a few years ago.

Sarah began to think about the possibility of doing a recital when Karen passed away this past summer from the effects of melanoma cancer. Sarah felt it was only fitting to extend the benefit to honor a neighbor who she considered a second mother to Sarah her whole life.

Sarah has studied voice for 9 years before taking a break from the art. Channeling the strength of the three women whom she loves so dearly, Sarah has rededicated herself to the craft.

As part of a Senior Independent Project (SIP) at Stuart, Sarah has been able to design her own curriculum with a recital and benefit in mind.

Motivated by women who have suffered at the hands of a disease that have affected Sarah closely, she hopes to raise funds to support Cancer research and the Light Up the Room Foundation.



Sarah is truly a blessing in our life and we are very grateful for her and the motivation that she possesses to benefit such worthy causes.

The Sarah Caswell recital is held on May 2nd 2010 commencing at 3pm at the Stuart Little Theatre on the campus of the Stuart County Day School, Princeton, NJ. If interested in donating please contact Sarah at: scaswell713@gmail.com or at info@lightuptheroomfoundation.org.

Good Luck Sarah, we know you are going to make Karen so proud.

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Memorial Bench Dedication for Karen

We are proud to announce that as of this past week a memorial bench has been placed on the D & R Canal to honor Karen. Karen's love of the path and what it meant to her during her life are the reasons for the bench placement. On May 2nd at 10 am, please join us for a brief dedication ceremony and walk/run along the canal as Karen would have wanted. The bench is located 200

yards south of the north-ern most canal bridge in Titusville, NJ along Rt 29. Or visit our website or call 609-208-2575 for directions.



Recruiting All Runners—NYC Marathon

The premier event of New York Road Runners, the ING New York City Marathon is one of the world's great road races, drawing more than 100,000 applicants annually.

The race attracts many world-class professional athletes, not only for the more than \$600,000 in prize money, but also for the chance to excel in the media capital of the world before two million cheering spectators and 315 million worldwide television viewers. As any of the more than 700,000 past participants will attest, crossing the finish line in Central Park is one of the great thrills of a lifetime.

I RUN WITH AN ANGEL



Without a doubt completing this race this past November had a profound impact on our lives. Given this experience, we are re-committed to compete again this year. This time WE NEED YOU!

If you want an experience of a lifetime join Brandon, Tiffany and me by joining the LUTR NYC Marathon team...you will not regret it!

If interested please contact any of us at Brandon, Tiffany or Tom; @lightuptheroomfoundation.org.

Individual, Group and Team training are available in New York City, Mercer County NJ and Provo UT.



Running Angel Pendant

As part of our goal to have a year round fund raising initiative we have designed a Running Angel pendant as a direct replica of the logo you see on the front page. The pendants are available for sale on the Angel's Shop . Available in bronze and silver. All funds raised after production costs will go directly to the foundation cause. We ask for your support and referral to running angels of all types.



Show your support
Wear a
"Running Angel"



Light Up the Room Foundation

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